



CELBRIDGE GAA CLUB JUVENILE POLICY:

**When you win do so with humility – when you lose do so with dignity.
Remember you cannot win all the time.
Having fun is most important!**

The Celbridge GAA club **CODE OF GOOD BEHAVIOUR** outlines the rules and procedures which should be observed and practised by all Celbridge Players, Juvenile and Adult, to ensure that everyone will enjoy their involvement with Celbridge GAA Club - please familiarise yourself with these. A direct link to the GAA Code of Behaviour can also be found on our web page under the heading 'Best Practice'.

The main aim of Celbridge Gaa Club is to ensure that all our players are encouraged to participate in a Hurling/Camogie/Football Team, make friends, learn new skills, play games and have fun in a safe and healthy environment.

The development of each player's welfare, personal and social skills are also vitally important. Taking part in our games as a Player should be a creative and positive experience in the development of each individual.

Our coaches are Garda Vetted, complete the GAA/ISC Code of Ethics when dealing with children in sports and Undergo regular Coaching Courses.

Let us ensure that everyone working on our behalf emphasises FAIR PLAY, RESPECT, EQUALITY, SAFETY and NO DISCRIMINATION in all aspects of our work with children and young people.

**Celbridge GAA Club supports the 'GIVE RESPECT GET RESPECT' initiative -
RESPECT • RESPONSIBLE • ENCOURAGING • SUPPORTIVE • POSITIVE • ENABLING • CONSIDERATE
• TOLERANT**

CLUB POLICY FOR ALL MEMBERS:

- All Celbridge Players must be **registered as members** of the Club on an annual basis with their Parents/Guardian's consent.
- **Adhere to** acceptable standards of behaviour and their **Club's Code of Behaviour**.
- **Play fairly**, do their best and enjoy themselves.
- **Respect, courtesy and honesty** are required of every member of the Club.

- **Respect** must be shown **at all times** for team mates, coaches, officials, referee's, parents, guardians, opponents and visitors regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs.
- Crude or offensive language is not acceptable and **Bullying* of any description will not be tolerated.**
- Celbridge GAA club Members must always **respect Club property** and should have regard for their own and others personal belongings. Vandalism, stealing and abuse of the Clubs facilities will not be tolerated.
- **Act as role models** for the Club at all times especially on away outings.
- Know that it is acceptable to talk to the **Club Children's Officer** with any concerns or questions they may have.
- **Tell somebody** else if they or others have been harmed in any way.
- Know that it is ok to talk to the **Health & Wellbeing Officer** if you have any worries or concerns or something on your mind. **Look after Your Mental Health - it is Important.**
- **Never spread rumours.**
- **Never tell lies** about adults or other young people.
- Never play or train if they feel unwell or are injured.
- Wall Hurling or Ball Wall playing is only allowed in the 'Cage' area and not against the main club wall.
- All 'Celbridge Players' are advised to refrain from the use of Alcohol, Non Prescription Drugs and Tobacco.
- Parents are responsible for informing Coaches should their child require any medication or have special requirements.
- Parents/Guardians are required to collect their children promptly from training and games.
- All forms of Photographic equipment i.e. camera's and picture mobile phones are not permitted in the dressing rooms.
- **Males should never enter dressing rooms in use by females and vice versa.**

***BULLYING:**

Bullying is defined as repeated aggression, be it verbal, psychological or physical, conducted by an individual or group against others.

BULLYING CAN TAKE MANY FORMS:

- **Verbal:** threatening consequences, spreading rumours, name calling, teasing, making sexual/racist/sectarian remarks, highlighting physical appearances or sporting ability.
- **Physical:** kicking, punching, hitting, spitting, biting, tripping, theft or destruction of property and kit.
- **Emotional:** ignoring, excluding, getting people into trouble, talking behind their backs, writing unpleasant notes/letters/graffiti, writing letters/ text messages/emails or comments.
- **Cyberbullying:** when instant messages, emails, text messages, webpages or social network sites are used to spread rumours, make threats or harass. It can include written messages, photographs, videos or voice messages.

CLUB POLICY FOR JUVENILE PLAYERS:

- **Celbridge Players** must play fairly, do their best, enjoy themselves and adhere to the **playing rules** of Hurling/Camogie & Football at all Times.
- All players are requested to be **punctual** for both training and games and to be properly attired with the correct playing gear. Helmets, shin guards and gum shields are compulsory and are encouraged at all times.
- **Refrain from any type of bullying** as outlined above.
- **Respect** must be shown for your coaches, team-mates, opponents and referees.
- **Refrain from disruptive behaviour** during training and at matches. Remember – your coach is giving up their time to coach you and your team mates. Disruptive behaviour affects everyone on your team.
- **Decisions** by officials and referee's must be **accepted gracefully**. Under no circumstance should a player argue with a referee or use foul or abusive language towards the referee or another player.
- Be **modest** in victory and **gracious** in defeat. Regardless of the result before and after the game you should shake hands with your opponents, support fellow team members, thank the referee and your coaches. The most important thing is enjoyment and having fun.
- **Celbridge Players** should represent their family and Club with **pride, dignity and commitment** and be a **role model** both on and off the pitch.
- The chewing of gum and eating of food whilst training or playing a game are forbidden.

CLUB POLICY FOR MENTORS:

- **CELBRIDGE MENTORS AND COACHES SHOULD LEAD BY EXAMPLE.**

- **Respect** the rights, dignity and worth of every person.
- Treat each person **equally** regardless of age, gender, ability, ethnic origin, cultural background, sexual orientation or religion.
- Be **positive** during coaching sessions, games and other activities so that underage players always leave with a sense of achievement and an increased level of self-esteem.
- Recognise the **development needs** and capacity of all underage players, regardless of their **ability**, by emphasising **participation** for all while avoiding excessive training and competition. **Skills development and personal satisfaction should have priority over competition when working with underage players.**
- Develop an **understanding** of relevant coaching methods and ensure that they have the appropriate level of coaching accreditation.
- **Do not equate losing with failure and do not develop a preoccupation with medals and trophies.** The level of improvement made by underage players is the best indicator of effective coaching.
- **At no times be alone with a child** except in an emergency situation. Please notify somebody of this emergency if at all possible.

PARENTS/GUARDIANS SHOULD ENCOURAGE THEIR CHILD TO:

- **Respect** their coaches and team mates and listen to their coaches.
- Always **play by the rules.**
- **Improve** their skills levels.
- **Appreciate** everybody on their team, regardless of ability.
- Maintain a **balanced and healthy lifestyle** with regard to exercise, food, rest and play. Advice may be sought if necessary from Club officials on this issue.

PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:

- Adopt a **positive attitude** to their children's participation in our games.
- **Respect** officials' decisions and encourage children to do likewise.
- **Do not exert undue pressure on your child.**
- **Never ridicule** your own child or any other child for their standard of play.
- Be **realistic** in their expectations and **show approval** for **effort**, not just results.

- Avoid asking a child or young person, 'How much did you score today' or 'What did you win by' etc. Ask them '**Did they enjoy themselves.**'
- **Never embarrass a child** or use sarcastic remarks towards a player.
- **Applaud** good play from all teams.
- **Do not criticise** playing performances. Identify how improvements may be made.
- Do not seek to unfairly affect a game or player.
- **Do not enter the field of play** unless specifically invited to do so by an official in charge.
- Be **informed** of problems/concerns relating to their child and engage in helping the child and mentors to overcome these issues.

BREACHES OF THE CODE - Disciplinary Procedures

1. The Coach is responsible for general discipline within his/her group and by speaking directly to the Parent and or player, he or she can deal with minor breaches of the Code of Good Behaviour.
2. Should there be continuous breaches of the Code the coach will advise the parents /guardian and Children's Officer.
3. In the case of a serious breach of indiscipline or continuous misbehaviour the Coach should report the matter to the Children's Officer of Celbridge Gaa Club who will liaise with the parents to try and resolve the matter and shall refer the matter to the Executive Committee.
4. Should no meaningful solution occur, the Children's Officer and the Executive Committee may refer the breach to the Hearings Committee who may impose a suspension from the club, withdraw membership or in extreme cases expulsion. The Executive Committee reserve the right to suspend an individual for a serious breach of the Code of Good Behaviour. At all times the Children's Officer/Committee will remain in contact with the Parents/Guardian until the case is resolved.
5. Serious breaches of the code in relation to the welfare or alleged abuse of a child may be referred directly to the Designated Person.

Club Children's Officer: Niamh O'Donovan 086 3717559

Designated Person: Fiona Lannigan 087 9872664

Children's Officer for Football: Sinead Treacy 086 0454188
Footballchildrensofficer@celbridgegaa.com

Children's Officer for Hurling: Niamh O'Donovan 086 3717559
childrensofficer@celbridgegaa.com

Children's Officer for Ladies Football: Leah Earley 087 3183007
LGFChildrensofficer@celbridgegaa.com

Children's Officer for Camogie : Fiona Lannigan 087 9872664
camogie-Childrensofficer@celbridgegaa.com